

Pack heavy high.

Pack heavy items high and close to your back. Light gear at the bottom and away from your back.

Heavy items:

- water
- food
- stove & fuel
- tent (depends on type)

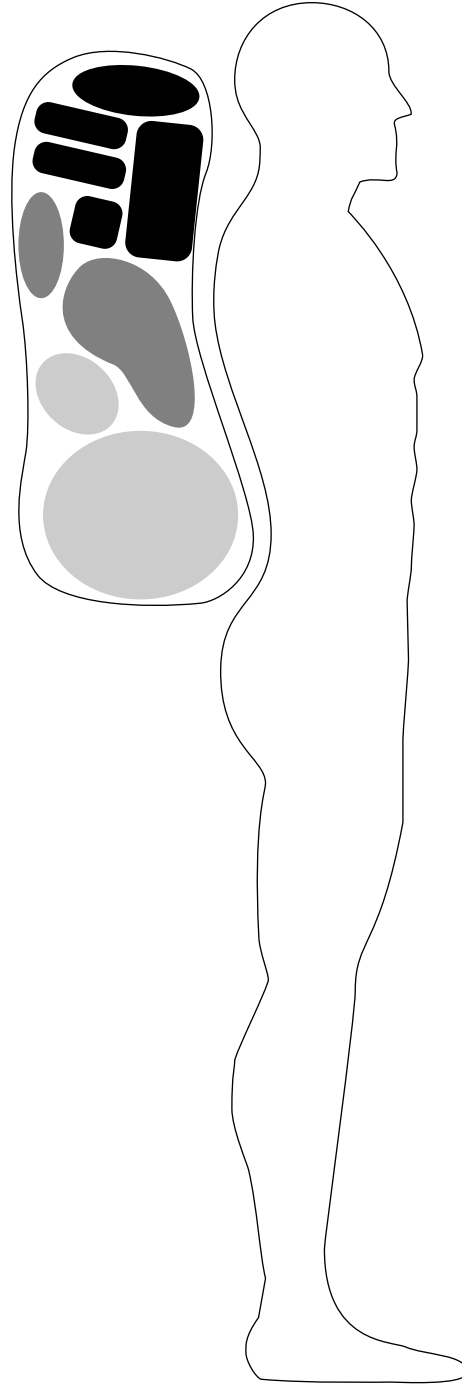
Medium weight items:

- clothes
- toilet kit

Light items:

- sleeping bag
- pillow
- sleeping pad

Remember: always keep essential items close to top and in easy to reach places. Rain gear, first aid kit, flashlight, water, food, bug repellent.



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